

THE BEACH HOUSE MENU

The Beach House is ocean front dining at an affordable price! A friendly family restaurant and bar for everyone to enjoy. The menu of healthy fresh food is prepared with care and the drinks guaranteed to be cool and refreshing. Please enjoy your visit with us, have fun, make friends and come back to see us again!

BREADS

Our White/Brown/Seeded choice of breads baked in house & presented hot with your choice of butter, extra virgin olive oil & balsamic vinegar **6**

STARTERS

Soup of the Day **16**
Prepared with a touch of West Indian flair served with choice of bread

"Bajan" Fish Cakes **16**
Our original recipe served with a Hot Pepper dipping sauce

Coconut Shrimp **32**
With a Spicy Mango & Coconut dip

West Indian Crab Cakes **24**
With Roasted Ginger Squash & Sauce Vierge

Vegetable Spring Rolls* **22**
With Garlic Soy dipping Sauce

Flying Fish Sushi Roll **32**
Bajan Spiced Flying Fish prepared Asian style

WRAPS/PANINIS

Served with a side of your choice

Chicken Wrap **40**
Soft Spiced Chicken, Pesto Spread

Fish Wrap **36**
Blackened Catch or Flying Fish

Vegetarian Wrap* **32**
Black Bean, Sweet peppers

Caprese Panini* **36**
Buffalo Mozzarella, Tomato & a Pesto Spread

All Day Breakfast **36**
Bacon, Egg, Lettuce, Tomato

SALADS

Our House Salad* **16**
Mixed local Organic Leaves, Tomatoes & our House Dressing

Beach House Caesar* **32**
Romaine hearts, Fresh Parmesan Shavings, White Anchovies (optional)

Chicken Caesar **52**
The Beach House Caesar with slightly Spicy Chicken Strips

Fish Caesar **64**
The Beach House Caesar with Catch of the Day Blackened or Grilled

Shrimp Caesar **66**
The Beach House Caesar with Jumbo Shrimp

Salad Nicoise **80**
Fresh Tuna, Olives, Potatoes, Green Beans, Tomatoes, Boiled Egg

Greek Salad **48**
Vine tomatoes, cucumber, onion, feta cheese, olives, salt oregano seasoning, olive oil dressing

BEACH HOUSE CLASSICS

The Daily Special **38**
Tighten your Budget without tightening your Belt!

Catch of the Day **56**
Prepared by the Chef daily to his menu

Pork Spare Ribs **62**
Slow cooked, Chef's Barbecue Sauce, Coleslaw, Sweet Potato Wedges

Flying Fish **48**
Traditionally Pan Fried with Bajan Seasoning, Coleslaw & French Fries

Rib Eye Steak **98**
Cooked to order, Wedges or fries, Salad

Beach House Burger **38**
Made in house with a home baked Bun, Bacon, Cheese & choice of Fries or Wedges

Veggie Burger* **38**
Real Vegan Black Bean Burger, Fresh Herbs with a choice of Fries or Wedges

Shepherds Pie **42**
New Zealand Ground Lamb, topped with Creamy Mashed Potato

West Indian Chicken Curry **48**
Slowly simmered served with Popadums and a choice of Rice, Wedges or Fries

Rasta Pasta* ** **38**
Bell Peppers, Chopped onion, minced garlic & secret seasonings

Creamy Shrimp Pasta **60**
Tender pink shrimp and linguine pasta with a little cheese, cream & garlic

SIDES

Coleslaw* **12**

French Fries* **12**

Seasoned Wedges* **12**

Sweet Potato Wedges* **12**

Macaroni Pie* - Our own recipe **12**

Fresh Vegetables* - Simply served or Stir Fried **12**

KIDS

Spaghetti and Meatballs **20**
Not too spicy

Hot Dog **18**
Served with a choice of any one of our side dishes

Pizza* **18**
Cheese & Tomato

Chicken Nuggets **22**
Served with a choice of any one of our side dishes

*vegetarian **gluten free.

This menu is available every day from noon until last orders at 9:30pm and additionally our "Bajan Buffet" every Sunday from noon until 3pm

PLEASE ADVISE YOUR SERVER OF ANY FOOD ALLERGIES

THE BEACH HOUSE MENU

DESSERTS

Ice creams & Sorbets Locally Made Selection	25
Vanilla Cheesecake With Seasonal Toppings	25
Butterscotch Bread Pudding Topped with Vanilla Ice Cream and Butterscotch Sauce	25
Flourless Chocolate Cake** With Orange Sauce and your choice of Ice Cream	25
Chocolate Brownie Bar Served with your choice of Ice Cream	25
Trio of Crème Brulee Coconut, Vanilla and Scotch Bonnet	25

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PRICES ARE IN BARBADOS DOLLARS AND INCLUDE VAT.
A DISCRETIONARY 10% SERVICE CHARGE WILL BE ADDED TO EACH BILL.
ONE BILL WILL BE PRESENTED TO EACH TABLE.

COFFEE & TEAS

Lavazza Coffees	
Americano	8
Espresso	8
Mocha	12
Double Espresso	12
Latte	12
Cappuccino	12
Twinnings Teas	
English Breakfast	8
Earl Grey	8
Green	8
Peppermint	8
Chamomile	8
Indian Chai	8

ITS IMPORTANT TO US...

The Beach House believes it is important to use fresh local produce from farms and fishermen in order to make your dining experience reflect Barbados.

A Real "Bajan" Buffet! EVERY SUNDAY

Noon until 3pm - \$92 Inc VAT service at your discretion

Featuring a variety of traditional local dishes and international favourites cooked with Caribbean Style. Start with soup and spicy fishcakes, continue with roast meats, fresh fish, chicken, flying fish, macaroni pie, hot local vegetables, West Indian ground provisions and a variety of salads. Finish with a fabulous selection of deserts.



Plan your special event with us!

Contact us at 432 1163
for more information



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